For Parents and Siblings Living with the Loss of a Child or Sibling

We all will encounter grief in our lives, sometimes we need a little help getting back to the road forward.

Comedy Improv Grief Workshop

Led by Bart Sumner, Bereaved Father & Teacher and Performer of Improvisational Comedy

Friday, April 8th, 7:00 – 9:00pm, Molloy Suffolk
(Suffolk Center, Room 105)

Saturday, April 9th, 2:00 – 4:00pm, Molloy Nassau
(Kellenberg Hall, Reception Room, First Floor)

Reserve your space NOW: $18 per person, $36 per family in advance
$25 per person at the door (tickets are tax deductible!)

Space is limited – reserve now!

Please contact Stacey Careri at SCareri@copefoundation.org to reserve your spot.

For more than 25 years, Bart Sumner has been a teacher and performer of improvisational comedy. *In the year after his son died, it was improv that kept him sane, and his emotions open and flowing.*

Comedy Improv Grief Workshops aid people in breaking free from stifling grief. By coming together and with others suffering and sharing in Improv exercises and games, participants begin laughing and opening up avenues of communication to break through the log jam of emotions that hold us hostage to our grief. We laugh, move, make new friends, and come to realize that life does indeed move forward.